

# Doctor Discussion Guide

Complete the Guide below by clicking the empty fields and boxes, then remember to bring the completed Guide with questions to your next appointment.

## Wondering how you can save on Chronic Migraine treatment?

The BOTOX® Savings Program can help you pay as little as \$0 for BOTOX® treatments.

Click here or scan the QR code to learn more.



## Access your Headache and Migraine Tracker

Use this tracker to help your doctor better understand your headaches and migraine attacks.



Click here or scan the QR code to download.

- 1 Could it be Chronic Migraine? I am having \_\_\_\_\_ (or more) headache days per month, each lasting 4 or more hours.
- 2 I've realized that my headaches are pulling me away from \_\_\_\_\_ daily.
- 3 Is there a treatment that will help?
- 4 What is preventive treatment for Chronic Migraine and what kind of results can I expect with BOTOX®?
- 5 Does BOTOX® treatment take about 10 minutes?
- 6 How often do I have to come in?
- 7 Where will BOTOX® be injected, and how small are the needles?
- 8 What about cost? Will my insurance cover BOTOX®?
- 9 How can I get started? If I qualify, are there samples available?

### Things to remember to bring to your appointment:

- Headache and Migraine Tracker for symptoms
- A list of your current medications outside of treatment for Chronic Migraine
- Updates to your medical history
- Referral

### INDICATION

BOTOX® (onabotulinumtoxinA) is a prescription medicine that is injected into muscles and used to prevent headaches in adults with chronic migraine who have 15 or more days each month with headache lasting 4 or more hours each day in people 18 years and older.

It is not known whether BOTOX is safe and effective to prevent headaches in patients with migraine who have 14 or fewer headache days each month (episodic migraine).

### IMPORTANT SAFETY INFORMATION

**BOTOX may cause serious side effects that can be life threatening. Get medical help right away if you have any of these problems any time (hours to weeks) after injection of BOTOX:**

- **Problems swallowing, speaking, or breathing**, due to weakening of associated muscles, can be severe and result in loss of life. You are at the highest risk if these problems are preexisting before injection. Swallowing problems may last for several months.
- **Spread of toxin effects**. The effect of botulinum toxin may affect areas away from the injection site and cause serious symptoms, including loss of strength and all-over muscle weakness; double vision; blurred vision; drooping eyelids; hoarseness or change or loss of voice; trouble saying words clearly; loss of bladder control; trouble breathing; and trouble swallowing.

Please see additional Important Safety Information on the following page.

Please click here for [Consumer Brief Summary](#), including Boxed Warning, or visit [https://www.rxabbvie.com/pdf/botox\\_pi.pdf](https://www.rxabbvie.com/pdf/botox_pi.pdf) for full Prescribing Information.

# Why BOTOX® for Chronic Migraine?

- About 10 minutes of treatment, just 4 times a year!\*
- Over 1 million patients have used BOTOX® to treat their Chronic Migraine†
- In a survey, 99% of current BOTOX® users said they plan to keep using it‡

\*BOTOX® injections are given by a doctor.

†Since FDA approval in 2010.

‡2023 BOTOX® Chronic Migraine patient market research, BOTOX® current users (n=78).



Don't have a BOTOX® Specialist yet? [Click here](#) or scan the QR code.

## IMPORTANT SAFETY INFORMATION (continued)

There has not been a confirmed serious case of spread of toxin effect away from the injection site when BOTOX has been used at the recommended dose to treat chronic migraine.

BOTOX may cause loss of strength or general muscle weakness, vision problems, or dizziness within hours to weeks of receiving BOTOX. **If this happens, do not drive a car, operate machinery, or do other dangerous activities.**

**Do not receive BOTOX if you** are allergic to any of the ingredients in BOTOX (see Medication Guide for ingredients); had an allergic reaction to any other botulinum toxin product such as Myobloc® (rimabotulinumtoxinB), Dysport® (abobotulinumtoxinA), or Xeomin® (incobotulinumtoxinA); have a skin infection at the planned injection site.

**The dose of BOTOX is not the same as, or comparable to, another botulinum toxin product.**

**Serious and/or immediate allergic reactions have been reported**, including itching; rash; red, itchy welts; wheezing; asthma symptoms; dizziness; or feeling faint. Get medical help right away if you experience symptoms; further injection of BOTOX should be discontinued.

**Tell your doctor about all your muscle or nerve conditions**, such as ALS or Lou Gehrig's disease, myasthenia gravis, or Lambert-Eaton syndrome, as you may be at increased risk of serious side effects, including difficulty swallowing and difficulty breathing from typical doses of BOTOX.

**Tell your doctor about all your medical conditions, including if you** have or have had bleeding problems; have plans to have surgery; had surgery on your face; have weakness of forehead muscles, trouble raising your eyebrows, drooping eyelids, and any other abnormal facial change; are pregnant or plan to become pregnant (it is not known if BOTOX can harm your unborn baby); are breastfeeding or plan to (it is not known if BOTOX passes into breast milk).

**Tell your doctor about all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Using BOTOX with certain other medicines may cause serious side effects. **Do not start any new medicines until you have told your doctor that you have received BOTOX in the past.**

Tell your doctor if you received any other botulinum toxin product in the last 4 months; have received injections of botulinum toxin such as Myobloc®, Dysport®, or Xeomin® in the past (tell your doctor exactly which product you received); have recently received an antibiotic by injection; take muscle relaxants; take an allergy or cold medicine; take a sleep medicine; take aspirin-like products or blood thinners.

**Other side effects of BOTOX include** dry mouth; discomfort or pain at the injection site; tiredness; headache; neck pain; eye problems such as double vision, blurred vision, decreased eyesight, drooping eyelids, swelling of your eyelids, and dry eyes; drooping eyebrows; and upper respiratory tract infection.

For more information, refer to the [Medication Guide](#) or talk with your doctor.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](https://www.fda.gov/medwatch) or call 1-800-FDA-1088.

Please click here for BOTOX® [Consumer Brief Summary](#), including Boxed Warning, or visit [https://www.rxabbvie.com/pdf/botox\\_pi.pdf](https://www.rxabbvie.com/pdf/botox_pi.pdf) for full Prescribing Information.

If you are having difficulty paying for your medicine, AbbVie may be able to help. Visit [AbbVie.com/myAbbVieAssist](https://www.abbvie.com/myAbbVieAssist) to learn more.

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